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Instant Pot Cookbook: Superfast Electric Pressure Cooker Recipes - Cooking Healthy, Delicious, Quick And Easy Meals.



Synopsis

The eleven tidily-organized chapters comprise over 100 delicious, easy-to-follow recipes, all designed with the American home cook in mind. Each of the recipes includes a complete table of nutritional facts so you can make sure you're feeding your family right. However, this volume is much more than a mere cookbook; it's a concise guide to all aspects of Instant Pot cooking. We'll teach you how to select the right Instant Pot for you, how to use your fancy new appliance, and how to adapt the Instant Pot recipes to your own tastes and available ingredients. Here Is A Preview Of What You Will Learn... Instant Pot Options and Basics Breakfast Vegetables and Sides Beans and Grains Fish and Seafood Meatless Mains Chicken Beef and Pork Snacks and Appetizers Desserts Natural Yogurt Recipes And Much, Much More So what are you waiting for? Read on and take the first step on your Instant Pot journey!

Book Information

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Customer Reviews

I liked the idea of using this instant pot cooker for cooking and this book makes me just want to try instant pot and its wonderful and well compiled recipes very soon. Instant Pot Cookbook is the complete guide to getting you using your Instant Pot like a pro. Download now and start enjoying good food, while increasing your free time. Recommended for all!

This book contains a great selection of recipes for all times of the day that you can cook with an instant pot. I especially liked Fish and Seafood section. This book is very useful for me as an instant

pot user.

Some good recipes in her nothing earth shattering but as I am figuring out how to use my new Insta Pot it was very helpful in figuring out timing for different items and how to affectively use settings on the pot to create prime meals.

A perfect instant pot recipes book, The book is awesome well written and these recipes are easy to make. I love to follow this book because these recipes are instant made and it is a big value addition in my cooking skills thanks.

nice book, would be better with pictures.

As advertised. Good vendor.

I like the beginning of this book in which you are told how an instant pot works and how to use it! You can even find nutritional values in this book for the recipes which is great for watching your health! This even includes natural yogurt recipes!

Hohoho. I knew this book was familiar! It was the one my bestfriend had and I was with her when I prepared that delicious midwestern BBQ chicken. It was amazing and we did it only with the instant pot! The following day we prepared loads of snacks in that same recipe book. There are some palatable nicities within. A cookbook I won't forget!

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